




# November 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>We will be holding our Remembrance Day Service here At RM live stream in our Theatre on Nov 11<sup>th</sup>. Time to be announced. Seats will be first come first serve with seats Reserved for our Veterans and their families.</p>	<p>Due to covid we are not able to hold a Bazar this year. Instead, we will be having a couple local vendors come in to sell their items so resident's can do some Christmas shopping and support local. Please note some of the vendors will only except cash.</p>	<p><i>"Let us not forget"</i></p>  <p><i>"They shall not grow old, as we that are left grow old, Age shall not weary them nor the years condemn, At the going down of the sun and in the morning, We shall remember them"</i></p>	<p><b>1 Vaccine Clinic</b>  <b>Please wait to be called to come down &amp; please wear short sleeve. Thank you!</b>            Scrubs 1:30            Ice Cream Social 2:30            Musical Chimes 3:00</p>	<p><b>2</b>            Local outing 9:00            Hymn Sing with John &amp; Tina 10:00            Tuck Shop 10:00            BINGO 2:00</p> <p><b>B I N G O</b></p>	<p><b>3 FOOT CARE</b>            Exercise 10:00            Choir Practice 10:40            Bridge Club 1:30            Resident's Voice 2:30            Euchre Club 6:30</p>	<p><b>4</b>            Movie Matinee 2:00            "My sisters Keeper"            Health Walk            Happy Birthday!            Liliane Gangne</p>
<p><b>5 Clocks fall back 1 hr</b>  <b>Veterans Week</b>            Movie Matinee 2:00            "The American President"            Shuffleboard (ind) 3:00              Community Church 10:00</p>	<p><b>6</b>            Local Vendors (fr lobby)            Exercise class 10:00            Rosary (chapel) 10:45            Bocce Ball 2:00            Paint with Navy 6:30</p>	<p><b>7</b>            Local outing 9:00            Chair Yoga 10:00            Knitting 1:30            Card Making 2:30            Poppy Craft 2:30</p> <p>Happy Birthday!            Shirley Roussel</p>	<p><b>8 Indigenous Veterans Day</b>            Exercise class 10:00            Meet your neighbour 10:30            Library 1:30            Scrubs 1:30            Ice Cream Social 2:30            Musical Chimes 3:00</p> <p>Ntl. Tounge Twister Day!!</p>	<p><b>9</b>            Local outing 9:00            Hymn Sing with John &amp; Tina 10:00            Tuck Shop 10:00            BINGO 2:00</p> <p><b>B I N G O</b></p>	<p><b>10</b>            Exercise 10:00            Choir Practice 10:40            Bridge Club 1:30            Bean Bags 2:30            55+ Euchre Club 6:30</p>	<p><b>11 REMEMBRANCE DAY!</b>  <b><u>Dress in Red to honor our veterans!</u></b>  <b><u>Service in the chapel live stream</u></b>  <b><u>Time TBA .</u></b>  <b><u>Coffee &amp; Tea will be served along with some treats!</u></b></p> 
<p><b>12 World Kindness day!</b>            Movie Matinee 2:00            "Hanging Up"            Come play Pool (Ind) 3:00            Community Church 10:00</p>	<p><b>13 World Kindness Day</b>            Local Vendors (fr lobby)            Exercise class 10:00            Rosary (chapel) 10:45            Bocce Ball 2:00</p>	<p><b>14 Local Vendor (fr lobby )</b>            Local outing 9:00            Moving to Heal Dance 10:00            Coffee &amp; Crosswords 10:40            Knitting 1:30            Card Making 2:30</p>	<p><b>15</b>            Exercise class 10:00            Catholic Mass 10:45            Scrubs 1:30            Ice Cream Social 2:30            Musical Chimes 3:00</p>	<p><b>16</b>            Local outing 9:00            Tuck Shop 10:00            Hymn Sing with John &amp; Tina 10:00            BINGO 2:00</p> <p><b>B I N G O</b></p>	<p><b>17 FOOT CARE</b>            Exercise 10:00            Choir Practice 10:40            Bridge Club 1:30            Ladder Ball 2:30            55+ Euchre Club 6:30</p>	<p><b>18</b>            Movie Matinee 2:00            "I am Sam"            Health Walk</p>
<p><b>19</b>            Movie Matinee 2:00            "The Ring"            Shuffleboard (ind) 3:00            Community Church 10:00</p>	<p><b>20</b>            Local Vendors (fr lobby)            Exercise class 10:00            Rosary (chapel) 10:45            Lady Blonde Concert 2:00            Paint with Navy 6:30</p>	<p><b>21</b>            Local outing 9:00            Chair Yoga class 10:00            Anglican Service 10:30            Knitting 1:30            Card Making 2:30</p>	<p><b>22</b>            Exercise class 10:00            Scrubs 1:30            Ice Cream Social 2:30            Musical Chimes 3:00</p> <p>Happy Birthday!            Gwen Johnston</p>	<p><b>23</b>            Local outing 9:00            Tuck Shop 10:00            Hymn Sing with John &amp; Tina 10:00            BINGO 2:00</p> <p><b>B I N G O</b></p>	<p><b>24</b>            Exercise 10:00            Choir Practice 10:40            Bridge Club 1:30            Horse Races 2:30            55+ Euchre Club 6:30</p>	<p><b>25</b>            Movie Matinee 2:00            "True woman"            Health Walk</p>
<p><b>26</b>            Russell Santa Parade 1:00            Movie Matinee 2:00            "An Unfinished Life"            Come play Pool (ind) 3:00            Community Church 10:00</p>	<p><b>27</b>            Local Vendors (fr lobby)            Exercise 10:00            Rosary(chapel) 10:45            Pete Foret Concert 2:00</p>	<p><b>28</b>            Local outing 9:00            Moving to Heal Dance 10:00            Anglican Service 10:45            Knitting 1:30            Card Making 2:30</p>	<p><b>29</b> Exercise class 10:00            Scrubs 1:30            Ice Cream Social 2:30            Musical Chimes 3:00</p> <p>Happy Birthday!            Norma Anderson</p>	<p><b>30</b>            Local outing 9:00            Tuck Shop 10:00            Hymn Sing with John &amp; Tina 10:00            BINGO 2:00</p>	<p>Susan's Beauty Salon is now Open downstairs on the lower level by the game lounge. Hours of operation are: Mon &amp; Tues 9am – 4pm Please call 613 -608-1733 To book an appointment!</p>	<p>The Russell Santa Clause parade is on the 26th. For those interested in joining us on the float pls sign up at the front desk.</p>